



Ramadaan Kareem

Cellfood[®] and... Asthma

Oxygen Mineral Supplement



Asthma is a chronic condition characterised by difficulty in getting enough oxygen to the lungs. An attack can be triggered by factors such as allergens, cold air, toxic chemicals, exercise, emotional upset and infection.

What's more, asthmatics may have a weaker immune system, caused by a number of factors such as medication, stress due to ill health and a weakened digestive system.

Stress reduction, exercise, plenty of sleep and clean air in the bedroom can all help an asthmatic, as well as avoiding known irritants and building a strong respiratory tract and immune system.

Supplements can also help the asthmatic recover and control future attacks. An oxygen mineral supplement like Cellfood[®] has been proven to be a viable option:

- Oxygen is essential for energizing and cleansing the body. It can assist with the production of more red blood cells that are needed to transport oxygen to the different organs and cells.
- Cellfood[®] is rapidly absorbed by the body, assists with oxygenation and increases the oxygen saturation in the blood.
- Cellfood[®] is also a powerful antioxidant, boosting the immune system, and will therefore restrict free radical damage in asthmatics.



A combination of good food, a healthy lifestyle and supplementation with Cellfood[®] is a winning combination to help asthmatics live healthy, full lives.

➤➤➤ More Oxygen

➤➤➤ More Energy

➤➤➤ Better Health



Cellfood[®]

Oxygen Mineral Supplement



Cellfood[®] is manufactured by Nu Science Corporation USA and is distributed by Oxygen For Life SA (Pty) Ltd. For more information ask your pharmacist, health practitioner or contact 0860 CELLFOOD (0860 2355 3663) or visit www.oxygenforlife.co.za

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